

Start your professional journey with EURES

Jobs, traineeships, apprenticeships and support across Europe.

Find opportunities right now!









Why EURES?

Dreaming of a career abroad? It can be challenging – but you're not alone. EURES guides students, graduates, and young jobseekers through their first steps into the European labour market. Whether you're looking for a traineeship, your first job, or advice on living and working in another country, EURES is here to support you every step of the way.



What EURES offers:

- 1 000 EURES Advisers in 31 EU/EEA countries
- Personalised job matching and mobility funding schemes
- Guidance on living and working conditions across Europe
- Language courses and skills development
- Information on housing, social security, and integration
- Online recruitment and information events





Real impact.

'With EURES, build your skills, gain confidence, and start your career in another EU or EEA country'.

Cosmin Boiangiu,

Executive Director, European Labour Authority

Can you benefit?

- University and vocational students
- Recent graduates, trainees and apprentices
- Young people not in employment, education or training (NEETs)
- Young adults (18–35) seeking new opportunities

Did you know?

- 3 million job vacancies on the EURES portal
- EURES listed 470 000 apprenticeships and 27 000 internships for young movers, between 2022 and 2024
- Nearly 5 000 young people found jobs abroad and moved with EURES Targeted Mobility Scheme funding support